



Verdigris 7th Annual
"Give-N-Glow"
5K Run / Walk & Fun Run
April 22nd, 2017



TOWN OF VERDIGRIS



"GLOW" RUN LOCATION & TIME:

Start:
Verdigris HS School Soccer Field
26505 S. 4110 Road
Claremore, OK 74019
(Registration & packet pick-up)

Times:

Race-day registration 6:00 PM
Fun Run start time 7:30 PM
5K "Music-Glow" Start Up . . . 8:15 PM
5K Run / Walk Start time 8:40 PM

ABOUT THE "GLOW" RUN / WALK

Verdigris High School Soccer Booster is proud to present the 7th Annual "Give-N-Glow" 5K Run / Walk. This event is to provide financial support to the coaches and players, beyond the scope of the school provided budget. Also, a portion of the proceeds will be ear marked for our 7th **Annual scholarship fund**, awarded to at least 3 of our senior soccer players. Our hope is that this 5K continues to grow, as an annual community event.

Overall male and female awards, male and female masters awards, standard age group awards. The 5K event will be electronically timed. **The Fun Run is not timed.**

"GLOW" RUN POST-RACE:

Food & drinks available, and prizes will be awarded at the conclusion of all the races, so be sure to stay for the awards ceremony.

SHIRT:

T-shirts are limited to the first 200 race entrants.

"GLOW" RUN QUESTIONS:

Contact: Julie McDaniel
verdigrishsoccer@yahoo.com

Mail entry forms to:
Verdigris Booster Club
P.O. Box 1572
Catoosa, OK 74015-1572

"GLOW" RUN SPONSORS:

- Town of Verdigris
- RCB Bank
- Warehouse Market
- Wal Mart
- BancFirst – Verdigris
- Reggie & Patricia Collins
- Spot Lite Magic & Costumes
- ABC Air Conditioning
- Rural Water District #5
- Rural Sewer District #1
- The Men's Shop
- David Merriman Agency - State Farm Insurance Co.
- Hertz Equipment Rental
- Reasor's
- Sam's Club Warehouse
- Uniquely Yours Screen Printing

2017 Verdigris "Give-N-Glow" 5K Entry

Event: (circle one) 5K Fun Run
First Name _____
Last Name _____
Age _____ Sex: (circle) Male Female
Date of Birth _____
City _____ State _____ Zip _____
Phone _____
E-mail _____
T-shirt Size (circle one):
YS YM YL S M L XL XXL

Soccer Player Sponsor: _____
_____ **DONATION ONLY: NO RUNNER / NO SHIRT**

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that although police protection will be provided there will be a possibility of traffic on the course. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and /or humidity and the conditions of the roads. All risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. I am also fully aware that baby strollers and wheels of any kind (except competitive wheelchairs) animals and headphones are strictly prohibited and I agree not to have them on the course. Furthermore I agree not to go back into the course after finishing. Knowing these facts and in consideration of your accepting my entry. I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns, or anyone acting for or on their behalf from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants permission to sponsors and/or agents authorized by them to use any photos, videotapes, motion pictures, or any other record of this event for any purpose. Minors accepted only with parent or guardian's signature. No refunds. No makeup rain date. Lost timing device will be charged to participant. Shirt size not guaranteed.

Signed: _____
Waiver must be signed to participate. Participant or guardian

Official Use Only

Race Number _____

PACKET PICK-UP / REGISTRATION:

Packet Pick-Up: Friday April 21st at 5:30 or on the day of the race at 6:00.
Glow-packs: Available for purchase the evening of the race.

"GLOW" RUN ONLINE ENTRIES:

Link website
www.runsignup.com/givenglow5k

IT'S "GLOW" TIME!!!

The "Give-n-Glow" 5K Run / Walk event is a one of a kind night experience, that's less about how fast you run and more about enjoying the music infused send off, to a Neon-filled Glow Run! We encourage participants of all speeds, ages, shapes and sizes to come ready to GLOW! So whether you are a casual walker or an avid runner, the "Give-N-Glow" Run invites you to put your **Neon ON** and be a part of a **GREAT** time!

"GLOW" RUN AWARDS:

Awards Ceremony begins after completion of the 5K Run / Walk. Awards are given to **5K participants only.**

5 KM Awards:
Overall Male & Female
Standard age-groups (2-deep)

"GLOW" RUN ENTRY FEES:

5 KM Run: (timed, 8:40 PM start)
Online: \$25.00
(Close midnight April 20th 2016)
Mail-In: \$25.00
Race Day: \$30.00

1 KM Fun Run: (not timed, 7:30 PM start)
Online: \$15.00
Mail-In: \$15.00
Race Day: \$15.00

**** Kids 12 and under:** 1 free with 1 paid 5km run or fun run participant (t-shirt not included for "free" runner and must have waiver signed by parent or guardian before race start). **MUST pre-register for 5km or Fun Run; no race day registration for this option.**

*** Race shirts can be purchased for \$12.00 ***

Make check payable to:
Verdigris Soccer Booster Club



No Refunds
Shirt size not guaranteed
No makeup rain date